#### Heavenly Father

On this day, as we gaze at the cross,

- We remember the way that Jesus walked towards it,
- How Jesus carried His own cross to his end,
- How the nails pierced His hands and His feet for us,
- How He suffered in our place,
- How He showed His supremacy in His utter weakness,
- Help us to know the depths of love and sacrifice given for each one of us.

### On this day, as we kneel at the cross,

- We bring ourselves before Your mercy.
- We ask for forgiveness for when we think we are powerful,
- For when we exert our strength over others,
- For when we put ourselves at the centre of the world and not You,
- For our part in the sadness of the world, we repent.

## On this day, as we are silent at the cross,

- We pray for voices of the abandoned to be heard,
- For those who are left with little after the virus has swept through, to be listened to,
- For those who are grieving to be seen,
- For those who are ill and frightened to feel Your embrace,
- For those who have fallen to be picked up,
- For those who have lived the past weeks in fear of their lives,
- For those locked up in fear of stepping foot outdoors.

# On this day, as we pray at the cross,

- For those who are sick to be healed,
- For those who cry to know that Jesus is with them in their pain,
- We pray for all those who have suffered with the coronavirus,
- For all those whose lives have changed forever from it,
- We pray at the place our sins are seen and redeemed,
- We pray for the guilty and angry to know they may come to receive grace.

## On this day, we bring our gratefulness to the cross,

- That You are the peace in the hardship,
- That You are the light in the darkness,
- That You are the warmth in the wind,
- That You are the beat of our hearts,
- That You are the salt of our tears,
- That You are the promise of hopefulness and freedom,
- That You are the bringer of new beginnings,
- We thank you that You bring joy and blessings,
- That You hold each moment and we can trust Your gentleness and healing.

### On this day, we give thanks at the cross,

- That Your power is revealed in the cross as Your glory,
- That Your gate is revealed in the cross as the way,
- That Your humility is revealed in the cross in the perfect human
- Father, into Your hands, we commit our spirits. We pray.
- In the name of Jesus Christ our Saviour, He was, He is, He is to come. Amen